

## Fruits of the Spirit - Gentleness

### Equipment needed:

- Printer (all resources attached need printing- if you do not have access to a printer, please contact [vicarjohnny@gmail.com](mailto:vicarjohnny@gmail.com))
- Pens/pencils
- Craft materials: felt, coloured card, pipe cleaners, feathers (**not essential**)

### Passage/Story:

Video and discussion notes are attached. Use the wondering questions with the children to help them understand and reflect on the story.

### Worship Song/Dance:

<https://www.youtube.com/watch?v=MPvnZILn6EY>

### Craft:

Design a chick! Your video today will discuss how gentle we have to be looking after eggs, to ensure the chicks are warm and grow well. This craft will remind us of how important it is to be gentle with those around us. Below you will find a template of a chick, have your children colour and be as creative as they wish in designing their own chick!

If you have extra material, such as coloured card, felt, pipe cleaners, feathers - these would be great resources to use in creating the beak, feet and wings!

### Activity:

A colouring sheet is attached.

A work sheet is attached.

### Game:

Egg and Spoon race! Boil a few eggs (unless you're feeling brave!) and set up a good old fashioned egg and spoon race! Continually remind them that the slower and more gentle they are, the more likely the egg will stay on the spoon! Have fun!

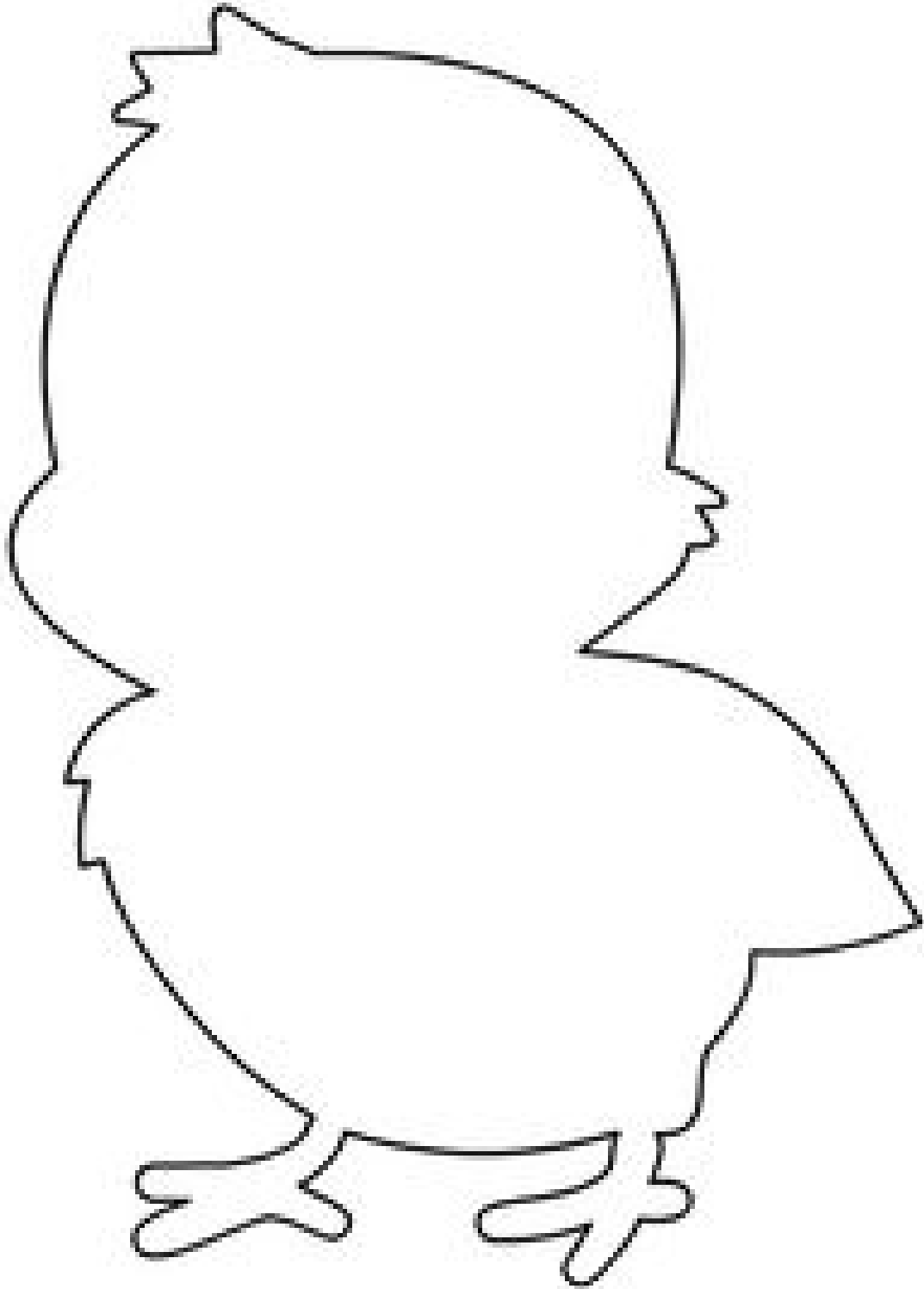
## Gentleness!

<https://www.youtube.com/watch?v=zdpu9GXuhLQ>

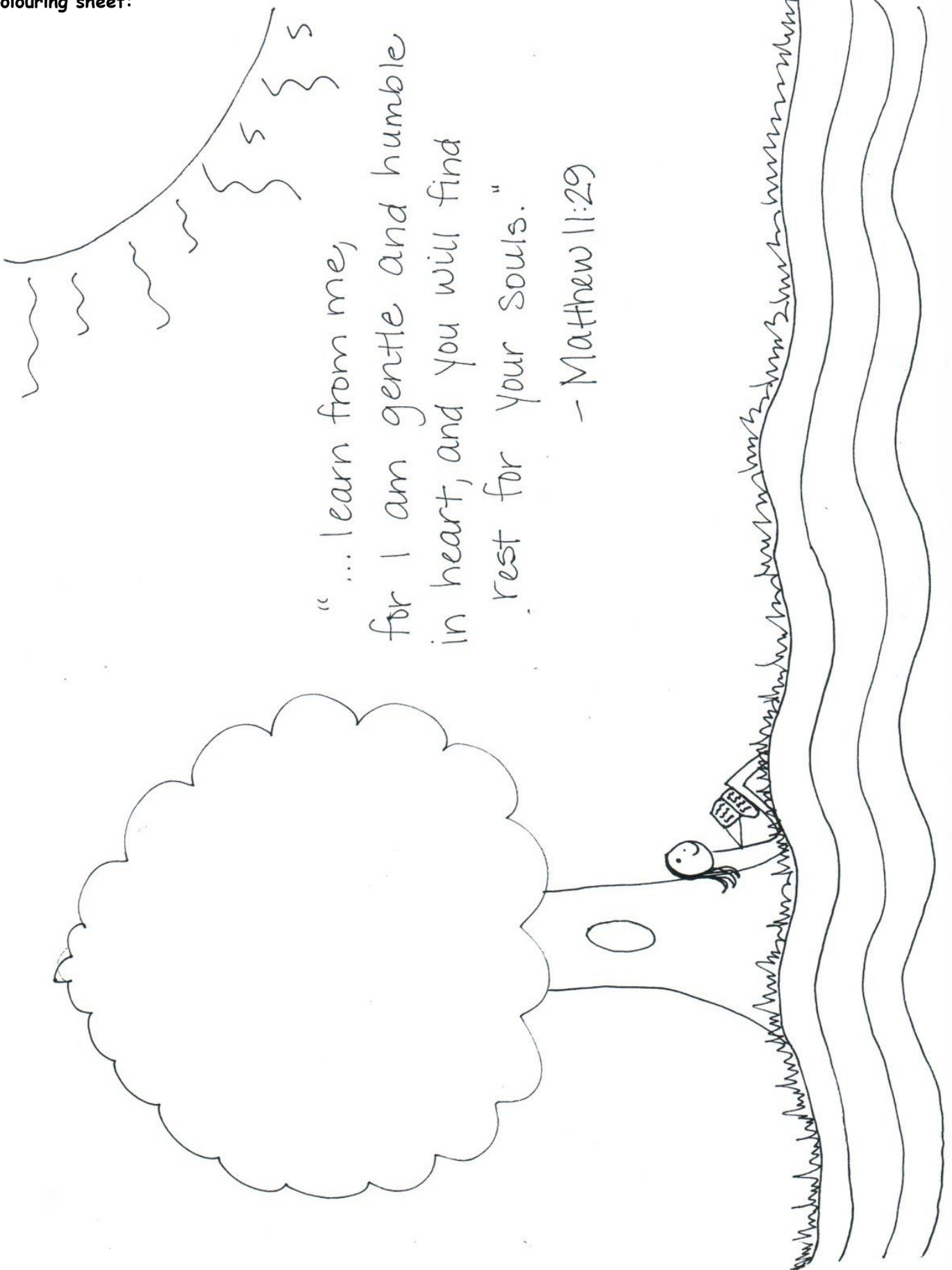
### Wondering Questions:

- Recap fruit of the spirit: Can you remember all the fruits of the spirit? Say as many as you remember! (*Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control*)
- What does it mean to be gentle?
- What did Melly (the puppet) learn about gentleness?
- How can you be more gentle towards others?
- Can you think of a situation, where you would have liked someone to be gentle with you?

**Craft:**



Colouring sheet:



## Bible Pathway Adventures

BIBLE WORKSHEET

# FRUIT OF THE SPIRIT



Read John 16:8 to learn the role of the Holy Spirit. Then read Galatians 5:22-25. Fill in the blanks with the words at the bottom of the page.

“But the \_\_\_\_\_ of the Spirit is love, \_\_\_\_\_, peace, patience, \_\_\_\_\_, goodness, \_\_\_\_\_, gentleness, and self-control. Against such \_\_\_\_\_ there is no law. Those who belong to \_\_\_\_\_ have crucified the \_\_\_\_\_ with its desires. If we live by the \_\_\_\_\_, let us also walk by the Spirit.”



SPIRIT  
JOY  
KINDNESS  
THINGS

CHRIST  
FRUIT  
FLESH  
FAITH