

Jesus Calms the Storm

Equipment needed:

- Printer (all resources attached require printing- if you do not have access to a printer, please contact emmajane@stph.org.uk)
- Fabric that the whole family can hold and lift up (blanket, duvet cover, parachute)
- Colour pens/pencils
- Materials to build a boat (this is to suit any household - whether it is via Duplo, tinfoil, plastic bottles, cardboard, etc)

Story:

Please find story attached. Once having read the story, engage in wondering questions with the children to help them understand and reflect on the story.

Wondering Questions:

- Are storms scary, fun, exciting, worrying, peaceful?
- How would you feel if you were in a storm?
- What do you do when you feel worried?
- Can we ask Jesus to help us when we feel scared?

Worship Song/Dance:

<https://www.youtube.com/watch?v=7it5W1FVtTs>

Craft:

This week's craft entails a lot of your own creativity! You will be building your own boat for Jesus to use! You can build it through any materials or equipment/toys you have! If you are feeling brave, see if your boat floats - perhaps in the bath or in a tub of water in the garden!

Extra craft: decorate image of Jesus calming the storm (document attached below). The children can colour in, paint or use tissue paper - depending on your resources).

Activity:

A word search and spot the difference activity sheet is attached. These activities are slightly harder and designed for older children.

A colouring door hanger of Jesus calming the storm is attached. This activity is suitable for all ages.

Game:

You will use your chosen item of fabric (blanket, duvet cover, parachute) to represent the sea, and engage in actions to retell the story. Please find instructions attached below.

Snack time:

Perhaps you could sit on the 'sea' (blanket, duvet cover, parachute) and eat your snack - reflecting with the children how powerful God is that he could calm the sea. You could say a small prayer thanking God that any storm we face, he will be there and calm it at the right time!

The Story of Jesus Calming the Storm

It was going to be night time soon and Jesus had had a really really long day! He looked to his friends and said 'let's get a boat and go to the other side of the village. It will be quiet and we can rest'. Jesus and His friends got a boat and began to set sail across the water. People really wanted to stay with Jesus because they thought he was amazing, so they also jumped in boats and came with Jesus. However, Jesus really needed to rest and get some sleep, so he decided to sleep in the boat, so he snuggled up with his blanket! Whilst Jesus was sleeping, a storm came and the waves kept getting bigger, Bigger and BIGGER! Jesus' friends became so scared and didn't know what to do! They woke Jesus up and said 'you have told us to sail into the sea and now we're in danger, what are you going to do?!' Jesus woke up and replied 'stay calm, I will always help!'. Jesus then told the waves to stop and calm. The water went completely still and the dark clouds disappeared. Jesus' friends couldn't believe it, they said 'he can control the seas and the winds, he is amazing!!'. They continued their journey and arrived to land safely.

Craft: The children are able to decorate and be as creative as they wish.

Depending on your supplies; the children can colour in with pencils or paint, use cotton wool for the clouds, tissue paper for the sea, textiles for the boat - whatever may suit your family.



Activity Sheets:

Jesus Calms the Storm Word Search

Peace! Be Still!

When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Mark 4:39 (NLT)

Based on Mark 4:35-41 (NLT)

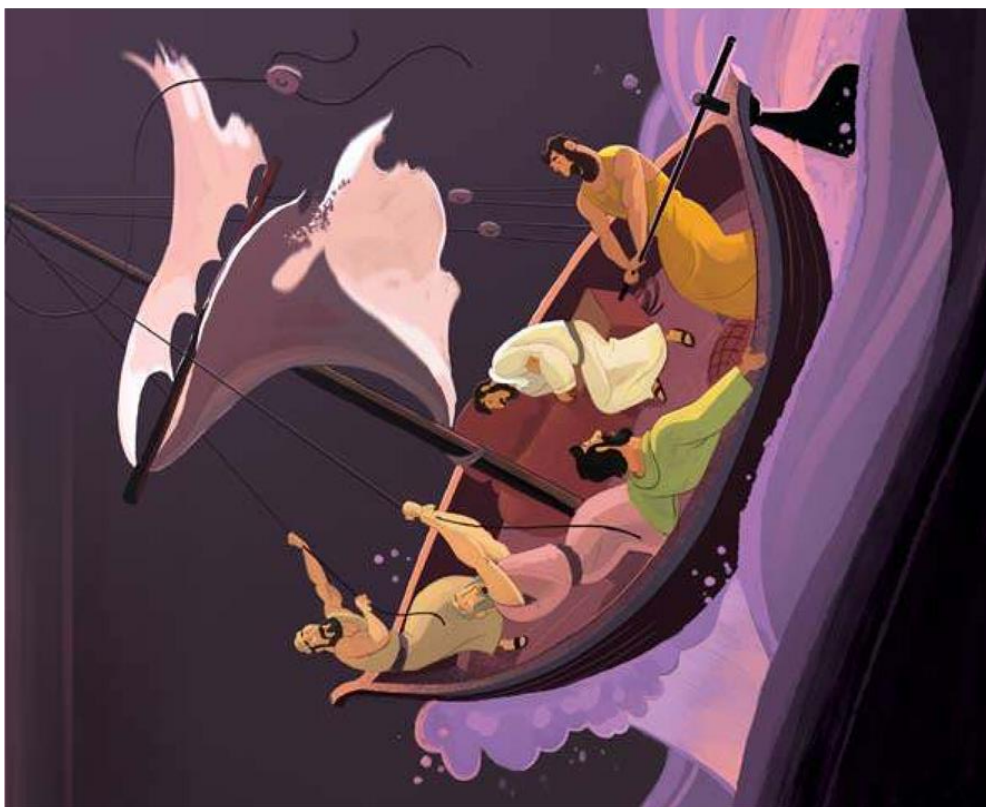
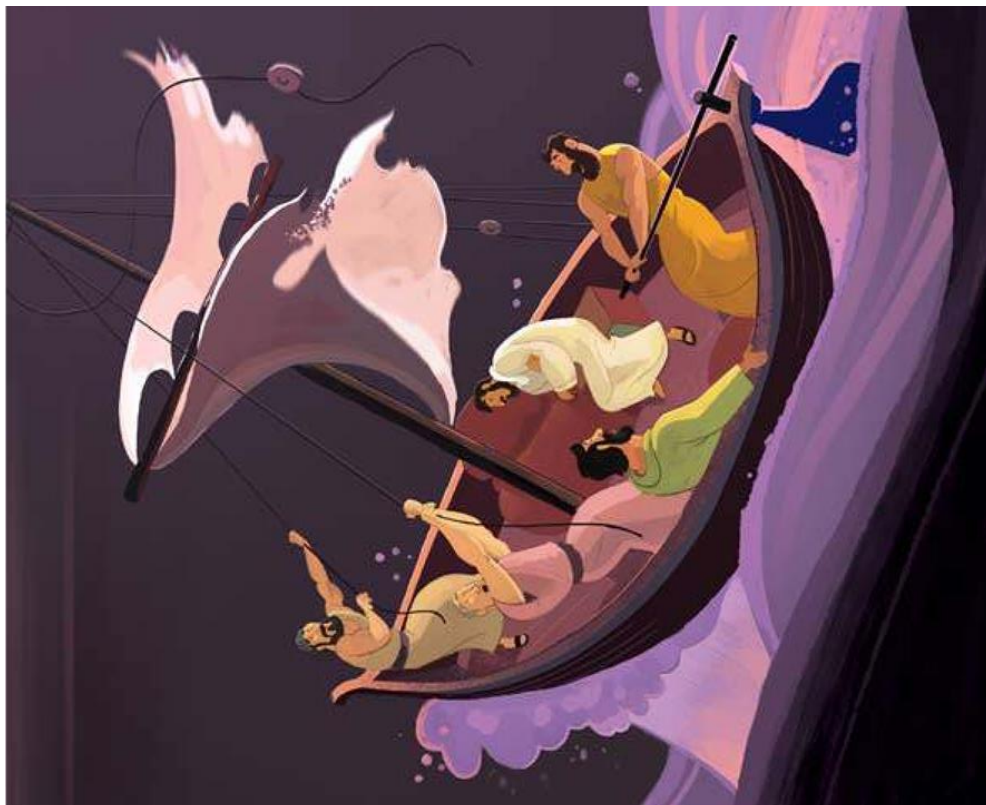


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CUSHION	CALM	LAKE	WOKE	WAVES
SLEEPING	STORM	AFRAID	WATER	WIND
DISCIPLES	BOAT	JESUS	DROWN	FAITH
SILENCE	STILL	EVENING	OBEY	HEAD

Jesus Calms the Storm

Can you spot the 16
differences?

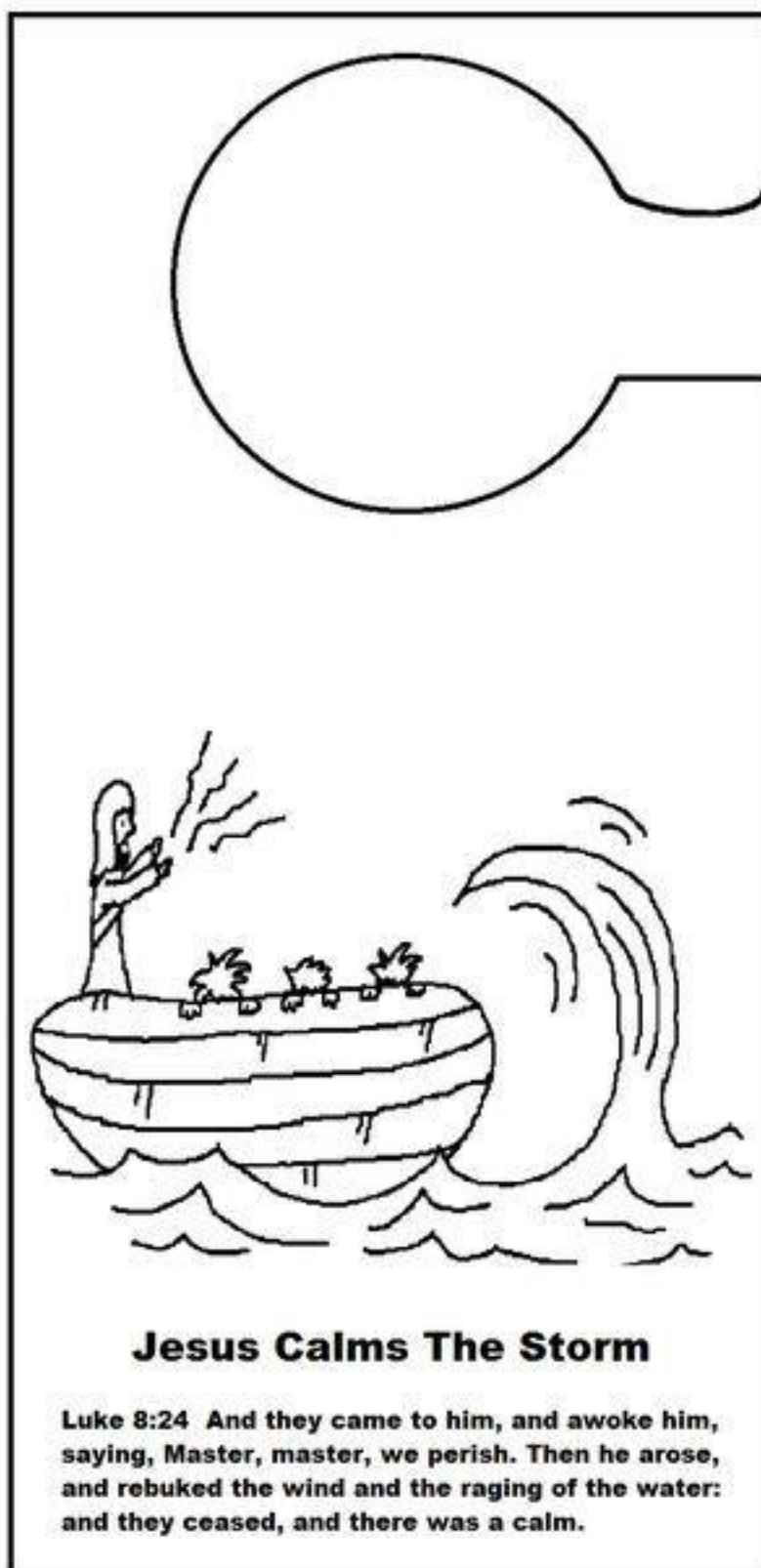


Spot the Difference answers:



Jesus Calms the Storm Door Hanger

Colour in and hang on your door, to remember every time you go to bed that Jesus is our peace!



Game:

Have everyone gather round the parachute/blanket/duvet cover and hold onto it. Show your children how to make small, medium, or large movements with the parachute to make "waves" in the sea. Retell the story of Jesus calming the storm throughout:

- 1) "Jesus got on a boat and his friends followed Him." - Everyone pretends to step into a boat.
- 2) "The boat started moving out to sea" - Calmly shake the parachute for small waves.
- 3) "Jesus was tired from his very long day, so he went to sleep" - All close eyes and pretend to be asleep.
- 4) "Whilst Jesus slept, a storm came and the waves started getting bigger, and Bigger, and BIGGER!" - Begin to create waves, and get bigger and bigger.
- 5) "The disciples were so scared and the boat was rocking" - All to rock side to side as you move the parachute.
- 6) "The disciples went and woke Jesus, saying, "Jesus help us! We're scared!" - All to look scared.
- 7) "Jesus woke up and replied "Why are you so worried, I will help" - continue to make small waves.
- 8) "Then he got up and told the storms to FREEZE" - Everyone freeze.
- 9) "Then Jesus' friends were amazed and said "Jesus can do anything!!". - Everyone cheer.

Replay the game, but asking the children what the next step is to help them remember the story for themselves.