

## Trusting Jesus when I am hurt!

### Equipment needed:

- Printer (all resources attached need printing- if you do not have access to a printer, please contact [emmajane@stph.org.uk](mailto:emmajane@stph.org.uk))
- Colouring pens and pencils
- Scissors
- Glue/Sticky tape

### Passage/Story:

Video and discussion notes are attached. Use the wondering questions with the children to help them understand and reflect on the story.

### Worship Song/Dance:

<https://www.youtube.com/watch?v=7it5W1FVtTs>

### Craft:

God's promises! Have the children decorate the cloud and the rainbow strips any way they would like. Once finished, cut out the cloud and each individual rainbow strips. With glue or sticky tape place each rainbow strip vertically to the bottom of the cloud, to represent a rainbow.

### Activity:

A colouring sheet is attached.

### Game:

Who can fit through an A4 piece of paper? Just like Emma-Jane, challenge yourself to be creative and think like God, to make your plan succeed! The children can try to figure it out for themselves, and keep trying. The instructions for the design Emma-Jane used can be found below.

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<https://www.youtube.com/watch?v=LV8czxIhfzU>

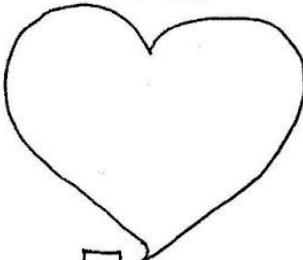
### Wondering Questions:

- Why did Douglas get upset?
- Where did Douglas want to go?
- What do you think Douglas did wrong?
- Should Douglas have trusted his parents' plans?
- Should we trust God's plans?
- Why might God's plan be better than ours?

**Craft:**



God promises to  
look after me!

Trust in the  
LORD with  
all your   
heart and  
do not lean on  
your own  
understanding

Proverbs 3:5

**Challenge instructions:**

(a) Fold the paper in half, short edges together, so it looks like a book. Put the paper on a surface, with the folded edge closest to you.

(b) Cut across the folded edge and about 1 cm in from the left-hand edge, cutting in a straight line towards the other, open edges of the paper opposite the folded edge. Stop cutting about 1 cm short of the opposite edges, so you don't cut all the way and end up with a cut off narrow folded strip of paper.

(c) Turn the paper horizontally through 180 degrees so the folded edge is now away from you and the open edges are facing you. Cut across the two edges of the paper, parallel to and about 1 cm in to the right from the previous cut. As before, stop about 1 cm short of the folded edge.

(d) Repeat these last two steps ((b) and (c)), alternating between cutting in from the folded edge and the edge opposite with the two open edges, until you have cut 1 cm-wide strips across the whole width of the folded paper. Each time, keep your cuts 1 cm apart and stop cutting 1 cm before you get to the far side of the paper. When you have finished, you should have a zigzag of paper.

(e) Look along the folded edge of the paper. You should have a series of loops of paper. Cut along the fold of each of the loops except the first loop and the last loop - it is important that you leave these intact or else the trick won't work.

(f) Gently open out the middle strips of paper, being careful not to tear them.

You should now have a loop of paper big enough for you and possibly others to climb through at once.





